

Center for Health Statistics



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Trends in deaths and death rates for California Baby Boomers are examined in this report.

Highlights

- Baby Boomers comprised 27 percent of the total State population during the 1990's.
- Death rates increased significantly for Baby Boomers between 1990 and 1999.
- The leading causes of death for Baby Boomers during the 1990's were cancer, HIV infection, and unintentional injuries.
- Males and African Americans/Blacks experienced the highest mortality rates for Baby Boomers.
- A Work Group for Healthy People 2010 is recommended to focus specifically on health issues related to Baby Boomers.

Mortality Trends Among "Baby Boomers" California, 1990-1999

By Jim Sutocky

Background

The "Baby Boomers" are popularly defined as persons who were born between the years 1946 and 1964. According to the California Department of Finance (CDOF), there were 9.2 million Californians (27.1 percent of the total population) who were born between 1946-1964 and were between the ages of 35-53 years in the year 1999 (Table 1a). Population projections indicate that by the year 2050 the Baby Boomer cohort will have declined to only three percent of the California population.

Abridged life table data for California show that Baby Boomers age 55 in 2001 would have a total life expectancy (LE) of 27.2 years and a healthy life expectancy (HLE) of 19.9 years (Table 1b).³ Female Baby Boomers were expected to have an average of 3.2 more years of LE than their male counterparts at age 55 and 1.9 years more of HLE.

A previous report on trends in deaths and death rates for California's Baby Boomer population during the 1980's indicated that the leading causes of death were unintentional injuries, homicide, and suicide. As this population ages, an epidemiologic transition from intentional and unintentional injuries to chronic diseases as leading causes of death can be anticipated. This shift will lead to additional challenges for public health and the private healthcare system during the first quarter of the new millennium, given the sheer volume the Baby Boomer population represents and their emerging healthcare needs.

This report examines mortality trends for Baby Boomers during the decade of the 1990's, and presents key findings on leading causes of death by gender and by race/ethnicity.

Methods

Data Sources

Numerator data used in this report were extracted from the Death Statistical Master Files maintained by the California Department of Health

Services, Center for Health Statistics. The underlying causes of death reported in the 1990-1998 files are based on *International Classification of Diseases, Ninth Revision* (ICD-9) codes, and for 1999 are based on *International Statistical Classification of Diseases and Related Health Problems, Tenth Revision* (ICD-10) codes.⁵⁻⁶ The underlying cause of death represents the disease or condition that initiated the train of morbid events leading directly to death.

Denominator data used in the calculation of mortality rates were developed and published by the CDOF Demographic Research Unit.⁷

Table 1a. Baby Boomer Population, California Residents 1990-1999

| | 1990 | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 |
|-------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| Total (All Races, Both Sexes) | 9,731,780 | 9,701,046 | 9,685,325 | 9,589,061 | 9,478,407 | 9,358,837 | 9,271,255 | 9,257,903 | 9,229,364 | 9,241,698 |
| | | | | | | | | | | |
| Male | 4,951,993 | 4,925,993 | 4,908,192 | 4,849,363 | 4,782,837 | 4,712,221 | 4,657,958 | 4,641,062 | 4,616,449 | 4,616,221 |
| Female | 4,779,787 | 4,775,053 | 4,777,133 | 4,739,698 | 4,695,570 | 4,646,616 | 4,613,297 | 4,616,841 | 4,612,915 | 4,625,477 |
| | | | | | | | | | | |
| African American/Black | 690,756 | 662,921 | 677,824 | 668,136 | 656,757 | 645,130 | 635,985 | 631,947 | 627,036 | 625,205 |
| American Indian/Alaska Native | 64,406 | 71,200 | 77,564 | 83,247 | 88,288 | 93,007 | 97,692 | 102,765 | 107,020 | 111,771 |
| Asian/Pacific Islander | 937,801 | 965,600 | 991,949 | 1,013,300 | 1,030,465 | 1,042,968 | 1,065,067 | 1,092,120 | 1,118,400 | 1,148,966 |
| Hispanic/Latino | 2,354,541 | 2,362,012 | 2,361,721 | 2,346,383 | 2,322,410 | 2,299,351 | 2,280,687 | 2,280,243 | 2,278,405 | 2,298,507 |
| White | 5,684,276 | 5,639,313 | 5,576,267 | 5,477,995 | 5,380,487 | 5,278,381 | 5,191,824 | 5,150,828 | 5,098,503 | 5,057,249 |

SOURCE: California Department of Finance, Demographic Research Unit, *Race/Ethnic Population with Age and Sex Detail, 1990-1999*. NOTE: "Baby Boomers" defined as persons aged 26-44 in 1990, 27-45 in 1991, 28-46 in 1992, 29-47 in 1993, 30-48 in 1994, 31-49 in 1995, 32-50 in 1996, 33-51 in 1997, 34-52 in 1998, and 35-53 in 1999.

Table 1b. Life Expectancy (LE) and Healthy Life Expectancy (HLE) for Baby Boomers, California 2001

| | TO | TAL | FEM | IALE | MA | \LE |
|--------------|------|------|------|------|------|------|
| Age Interval | LE | HLE | LE | HLE | LE | HLE |
| | | | | | | |
| 35-39 | 45.3 | 35.1 | 47.2 | 36.0 | 43.2 | 34.1 |
| 40-44 | 40.6 | 31.0 | 42.5 | 32.0 | 38.5 | 30.0 |
| 45-49 | 36.0 | 27.1 | 37.8 | 28.0 | 34.0 | 26.1 |
| 50-54 | 31.5 | 23.4 | 33.2 | 24.2 | 29.7 | 22.4 |
| 55-59 | 27.2 | 19.9 | 28.7 | 20.8 | 25.5 | 18.9 |

SOURCE: Healthy California 2010: Progress in Achieving the Healthy People 2010 Objectives, 2000-2003. Center for Health Statistics, May 2005; Tables 1-A through 2-C.

Statistical Methods

Mortality data were tabulated by place of residence, which excludes deaths that occurred for persons who were not residents of California. Baby Boomers were defined by their age at death, which included ages 26-24 for the year 1990, ages 27-45 for 1991, ages 28-46 for 1992, ages 29-47 for 1993, ages 30-48 for 1994, ages 31-49 for 1995, ages 32-50 for 1996, ages 33-51 for 1997, ages 34-52 for 1998, and ages 35-53 for 1999.

Age-specific mortality rates per 100,000 population were calculated for the Baby Boomer population by gender and by race/ethnicity. Rates based on a small number of events and having a relative standard

error equal to or greater than 23 percent (RSE ≥ 23%) were considered unreliable and are not shown in the data tables.

A linear regression procedure was used to test the statistical significance of trends in mortality rates over the time period 1990 through 1999. If the 95 percent confidence interval of the slope of a linear equation fitted to the data by the least squares method did not include the value zero, then the null hypothesis was rejected at the .05 level of significance ($p \le .05$) and the trend was considered statistically significant.⁸ Another procedure was used to test the significance of the difference between independent death rates for males and females, and for the five major racial and ethnic populations.⁹ A binomial approximation formula was used to calculate the 95 percent confidence interval of the difference between two independent rates, and if it did not include the value zero, then the difference between the two rates was considered statistically significant at the .05 level.

Data Limitations and Qualifications

Limitations and qualifications of mortality data are related to errors in the registration and reporting processes, and are examined in detail elsewhere. Suffice it to say that death rates are sensitive to variations in both the numerator (the number of deaths) and denominator (population at risk), and are subject to errors that often lead to erroneous interpretations.

Rankings of leading causes of death follow a methodology developed by the National Center for Health Statistics (NCHS), and depends largely on how underlying causes of death are grouped. For example, unintentional injury was the leading cause of death for Baby Boomers during the 1980-1989 period when all injuries, accidents, and adverse effects are subsumed into one rankable cause of death category (defined by ICD-9 codes 800-949). However, if the different types of injuries were counted as separate categories (e.g., motor vehicle traffic accidents (codes 810-819), accidental poisonings by drugs (codes 850-858), misadventures to patients during surgical and medical care (codes 870-876), etc.), then their relative rankings as leading causes of death would be much lower.

The ICD-10 was implemented in 1999, resulting in substantial breaks in comparability for a number of causes of death. Therefore, comparability-modified numbers for each leading cause of death category were calculated for the 1999 data using ratios developed by the NCHS. 15-16

Mortality rates per 100,000 population presented in this report are "age-specific" rates, not to be confused with "age-adjusted" death rates. While age-adjusted rates are based on a hypothetical "standard" population and provide useful relative comparisons for populations across space and time or between race/ethnic groups, age-specific rates for Baby Boomers by gender and by race/ethnicity provide an absolute measurement as well as a useful tool for statistical comparisons and trend analyses.

Results

The number of deaths for California's Baby Boomers increased overall from 18,292 in 1990 to 23,284 in 1999, an increase of 27 percent (Table 2), and their population decreased by only five percent (Table 1a). Age-specific death rates increased significantly from 188.0 per 100,000 in 1990 to 251.9 per 100,000 in 1999. By comparison, the average annual death rate for Baby Boomers during the 1980's was 151.6 per 100,000 population.

Overall trends show statistically significant increases in death rates for both male and female Baby Boomers between 1990 and 1999. Age-specific death rates for male Baby Boomers were more than

two times greater than rates for female Baby Boomers during the decade of the 1990's, but the male:female disparity in age-specific death rates declined from 2.8 in 1990 to 1.8 in 1999 (Figure 2a). Between 1995 and 1997 there was a significant decline in male Baby Boomer death rates from 348.5 per 100,000 to 296.7 per 100,000. Male Baby Boomer death rates began to increase again and reached a level of 320.6 per 100,000 by 1999. During this same time period, female Baby Boomer death rates continued to increase from 142.1 per 100,000 in 1995 to 183.5 per 100,000 in 1999.

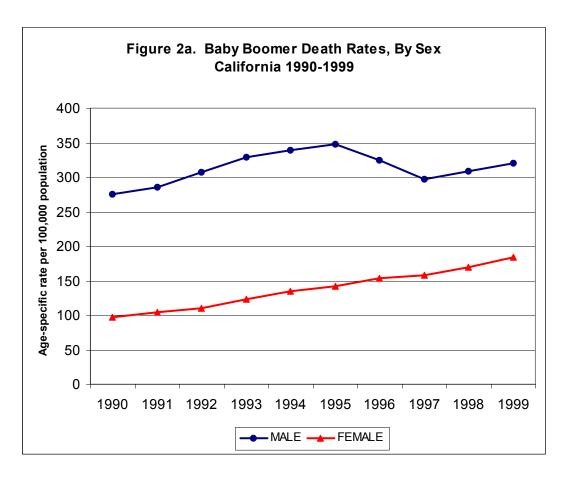
Death rates for African American/Black Baby Boomers were significantly higher than rates for all other racial and ethnic groups, and increased significantly from 369.9 per 100,000 in 1990 to 501.3 per 100,000 in 1999 (Figure 2b). The next highest death rates were observed for White Baby Boomers, which increased significantly from 196.4 per 100,000 in 1990 to 275.3 per 100,000 in 1999. The lowest death rates were observed for Asian/Pacific Islander Baby Boomers, which also showed a significant increase from 77.1 per 100,000 in 1990 to 131.2 per 100,000 in 1999.

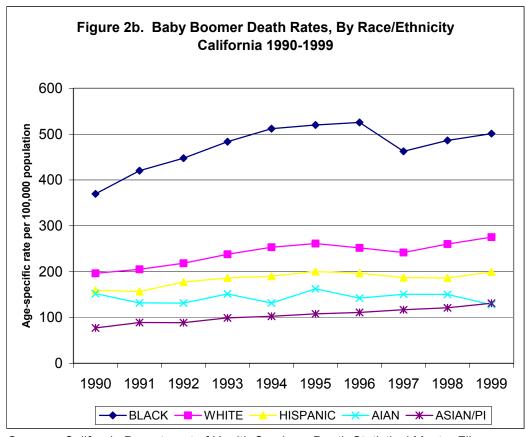
Table 2. Baby Boomer Deaths and Death Rates, California 1990-1999

| | 199 | 0 | 199 | 1 | 199 | 92 | 199 | 93 | 199 | 94 |
|-------------------------------|--------|-------------------|--------|-------------------|--------|-------------------|--------|-------------------|--------|-------------------|
| | Deaths | Rate ¹ |
| Total (All Races, Both Sexes) | 18,292 | 188.0 | 19,018 | 196.0 | 20,382 | 210.4 | 21,766 | 227.0 | 22,586 | 238.3 |
| | | | | | | | | | | |
| Male | 13,624 | 275.1 | 14,038 | 285.0 | 15,087 | 307.4 | 15,956 | 329.0 | 16,252 | 339.8 |
| Female | 4,668 | 97.7 | 4,980 | 104.3 | 5,295 | 110.8 | 5,810 | 122.6 | 6,334 | 134.9 |
| African American/Black | 2,555 | 369.9 | 2,787 | 420.4 | 3,033 | 447.5 | 3,230 | 483.4 | 3,363 | 512.1 |
| American Indian/Alaska Native | 98 | 152.2 | 94 | 132.0 | 102 | 131.5 | 126 | 151.4 | 116 | 131.4 |
| Asian/Pacific Islander | 723 | 77.1 | 860 | 89.1 | 880 | 88.7 | 1,004 | 99.1 | 1,057 | 102.6 |
| Hispanic/Latino | 3,750 | 159.3 | 3,703 | 156.8 | 4,182 | 177.1 | 4,373 | 186.4 | 4,417 | 190.2 |
| White | 11,166 | 196.4 | 11,574 | 205.2 | 12,185 | 218.5 | 13,033 | 237.9 | 13,633 | 253.4 |

| | 199 | 5 | 199 | 16 | 199 | 97 | 199 | 98 | 199 | 99 |
|-------------------------------|--------|-------------------|--------|-------------------|--------|-------------------|--------|-------------------|--------|-------------------|
| | Deaths | Rate ¹ |
| Total (All Races, Both Sexes) | 23,029 | 246.1 | 22,220 | 239.7 | 21,061 | 227.5 | 22,082 | 239.3 | 23,284 | 251.9 |
| | | | | | | | | | | |
| Male | 16,424 | 348.5 | 15,116 | 324.5 | 13,771 | 296.7 | 14,278 | 309.3 | 14,798 | 320.6 |
| Female | 6,605 | 142.1 | 7,104 | 154.0 | 7,290 | 157.9 | 7,804 | 169.2 | 8,486 | 183.5 |
| African American/Black | 3,355 | 520.1 | 3,344 | 525.8 | 2,922 | 462.4 | 3,049 | 486.3 | 3,134 | 501.3 |
| American Indian/Alaska Native | 151 | 162.4 | 139 | 142.3 | 155 | 150.8 | 161 | 150.4 | 143 | 127.9 |
| Asian/Pacific Islander | 1,125 | 107.9 | 1,181 | 110.9 | 1,274 | 116.7 | 1,356 | 121.2 | 1,507 | 131.2 |
| Hispanic/Latino | 4,603 | 200.2 | 4,486 | 196.7 | 4,264 | 187.0 | 4,247 | 186.4 | 4,577 | 199.1 |
| White | 13,795 | 261.3 | 13,070 | 251.7 | 12,446 | 241.6 | 13,269 | 260.3 | 13,923 | 275.3 |

SOURCES: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files, 1990-1999;
California Department of Finance, Demographic Research Unit, Race/Ethnic Population with Age and Sex Detail, 1990-1999.





Sources: California Department of Health Services, Death Statistical Master Files; California Department of Finance, *Race/Ethnic Population with Age and Sex Detail*, 1990-1999.

Leading Causes of Death

Ten-year total numbers of deaths ranked in descending order by leading cause of death are shown in Table 3, and the percent distribution of the ten leading causes of death for Baby Boomers is shown in Figure 3.

Malignant neoplasms (cancers) emerged as the leading cause of death for Baby Boomers during the 1990's, accounting for a total of nearly 20 percent of all deaths. During the decade of the 1980's, malignant neoplasms were ranked as the fourth leading cause of death for Baby Boomers, and accounted for only 11 percent of all deaths for this cohort.⁴

Human immunodeficiency virus (HIV) infection emerged as the second leading cause of death during the 1990's, accounting for 15.1 percent of all deaths for Baby Boomers. HIV infection was not explicitly coded by ICD-9 prior to 1987, so a direct comparison to the 1980-1989 Baby Boomer data cannot be made.

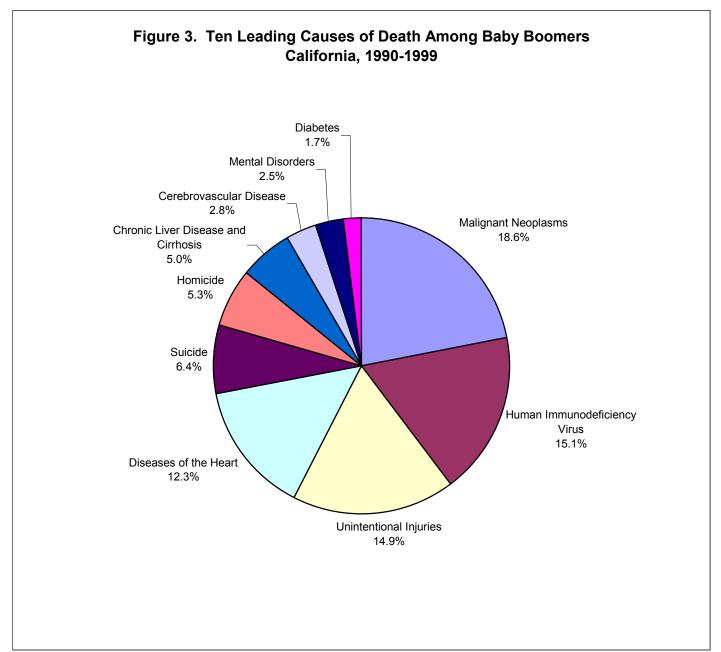
Unintentional injuries were the third leading cause of death for Baby Boomers during the 1990's, accounting for 14.9 percent of all deaths. By comparison, unintentional injuries were the number one leading cause of death for Baby Boomers during the 1980's, accounting for 31.6 percent of all deaths during that period.

Diseases of the heart accounted for 12.3 percent of all deaths for Baby Boomers during the 1990's, and ranked as the fourth leading cause of death. "Diseases of the heart" represent a subset of the group cause "diseases of the circulatory system" presented in the 1980-1989 data, and are not directly comparable. Homicide and suicide collectively accounted for 11.7 percent of all deaths for Baby Boomers during the 1990's, compared with 24.3 percent of all deaths occurring for this cohort during the 1980's.

Table 3. Ten Leading Causes of Death Among Baby Boomers, California 1990-1999

| Cause of Death | ICD-9 Codes (1990-1998) | ICD-10 Codes (1999) | Deaths ¹ | Percent |
|-------------------------------------|----------------------------|----------------------------|---------------------|---------|
| | | | | |
| Malignant Neoplasms | 140-208 | C00-C97 | 39,773 | 18.6% |
| Human Immunodeficiency Virus | 042-044 | B20-B24 | 32,331 | 15.1% |
| Unintentional Injuries | E800-E949 | V01-X59, Y85-Y86 | 31,805 | 14.9% |
| Diseases of the Heart | 390-398, 402, 404, 410-429 | 100-109, 111, 113, 120-151 | 26,252 | 12.3% |
| Suicide | 950-959 | U03, X60-X84, Y87.0 | 13,587 | 6.4% |
| Homicide | 960-969 | U01-U02, X85-Y09, Y87.1 | 11,261 | 5.3% |
| Chronic Liver Disease and Cirrhosis | 571 | K70, K73-K74 | 10,783 | 5.0% |
| Cerebrovascular Disease | 430-438 | 160-169 | 6,022 | 2.8% |
| Mental Disorders | 290-319 | F00-F99 | 5,447 | 2.5% |
| Diabetes | 250 | E10-E14 | 3,730 | 1.7% |
| | | | | |
| All Baby Boomer Deaths | 001-999 | A00-Z99 | 213,720 | 100.0% |

SOURCE: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files. NOTES: ¹ Number of deaths per ICD-9 for 1990-1998; ICD-10 comparability-adjusted number of deaths for 1999.



Source: California Department of Health Services, Death Statistical Master Files.

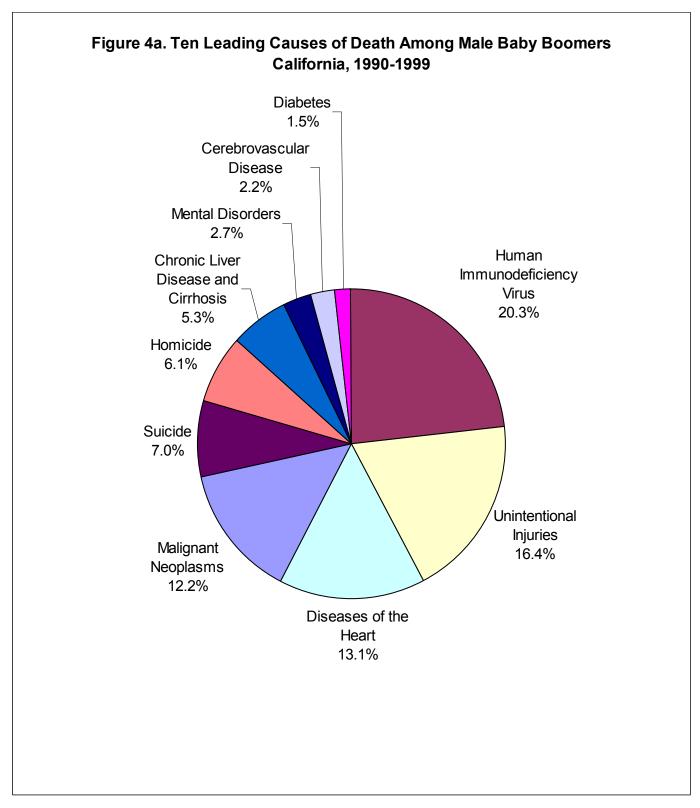
Leading Causes of Death, by Sex

Deaths among Baby Boomers by gender show substantial differences in the relative rankings by cause of death (Table 4, Figures 4a and 4b). The leading cause of death for male Baby Boomers during the 1990's was HIV (n=30,382; 20.3 percent), and the leading cause for females was malignant neoplasms (n=21,518; 33.4 percent). The second and third leading causes were the same for both males and females: unintentional injuries and diseases of the heart. By comparison, during the 1980's the leading causes of death for male Baby Boomers were unintentional injuries, homicide, and suicide, and for females they were unintentional injuries, malignant neoplasms, and diseases of the circulatory system.

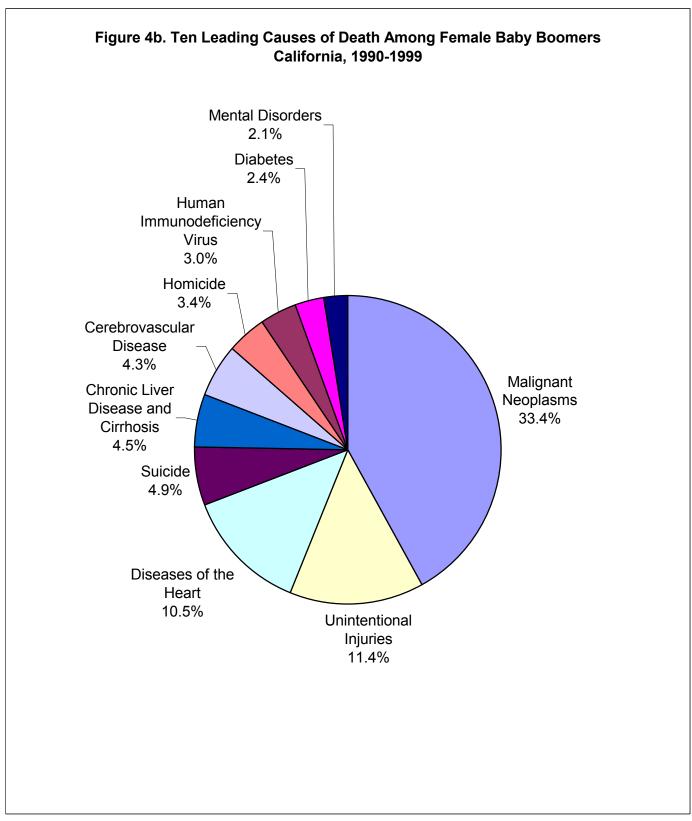
Table 4. Ten Leading Causes of Death Among Baby Boomers by Sex, California 1990-1999

| | | Male | | | Female | |
|-------------------------------------|---------------------|---------|------|---------------------|---------|------|
| Cause of Death | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank |
| | | | | | | |
| Malignant Neoplasms | 18,255 | 12.2% | 4 | 21,518 | 33.4% | 1 |
| Human Immunodeficiency Virus | 30,382 | 20.3% | 1 | 1,948 | 3.0% | 8 |
| Unintentional Injuries | 24,449 | 16.4% | 2 | 7,356 | 11.4% | 2 |
| Diseases of the Heart | 19,511 | 13.1% | 3 | 6,741 | 10.5% | 3 |
| Suicide | 10,461 | 7.0% | 5 | 3,125 | 4.9% | 4 |
| Homicide | 9,075 | 6.1% | 6 | 2,186 | 3.4% | 7 |
| Chronic Liver Disease and Cirrhosis | 7,879 | 5.3% | 7 | 2,904 | 4.5% | 5 |
| Cerebrovascular Disease | 3,241 | 2.2% | 9 | 2,780 | 4.3% | 6 |
| Mental Disorders | 4,103 | 2.7% | 8 | 1,344 | 2.1% | 10 |
| Diabetes | 2,185 | 1.5% | 10 | 1,545 | 2.4% | 9 |
| All Baby Boomer Deaths | 149,344 | 100.0% | | 64,376 | 100.0% | |

SOURCE: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files. NOTES: ¹ Number of deaths per ICD-9 for 1990-1998; ICD-10 comparability-adjusted number of deaths for 1999.



Source: California Department of Health Services, Death Statistical Master Files.



Source: California Department of Health Services, Death Statistical Master Files.

Leading Causes of Death, by Race/Ethnicity

Table 5 indicates that HIV infection was the number one leading cause of death for African American/Black Baby Boomers for 1990-1999 (n=5,442; 17.7 percent); unintentional injuries were the leading cause for Hispanics (n=7,959; 18.7 percent) and for American Indians/Alaska Natives (n=261; 20.3 percent); and malignant neoplasms were the leading cause of death for Whites (n=24,887; 19.5 percent) and for Asians/Pacific Islanders (n=3,914; 33.7 percent).

The second leading causes were: diseases of the heart for African Americans/Blacks (n=4,684; 15.2 percent) and for Asians/Pacific Islanders (n=1,581; 13.6 percent); HIV for Whites (n=20,281; 15.9 percent); malignant neoplasms for Hispanics (n=6,465; 15.2 percent); and chronic liver disease and cirrhosis for American Indians/Alaska Natives (n=153; 11.9 percent).

Table 5. Ten Leading Causes of Death Among Baby Boomers by Race/Ethnicity, California 1990-1999

| | Africa | n American | /Black | American | Indian/Alas | ka Native | Asian | n/Pacific Isla | ınder |
|-------------------------------------|---------------------|------------|--------|---------------------|-------------|-----------|---------------------|----------------|-------|
| Cause of Death | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank |
| | | | | | | | | | |
| Malignant Neoplasms | 4,369 | 14.2% | 3 | 138 | 10.7% | 4 | 3,914 | 33.7% | 1 |
| Human Immunodeficiency Virus | 5,442 | 17.7% | 1 | 120 | 9.3% | 5 | 629 | 5.4% | 6 |
| Unintentional Injuries | 3,330 | 10.8% | 4 | 261 | 20.3% | 1 | 1,236 | 10.6% | 3 |
| Diseases of the Heart | 4,684 | 15.2% | 2 | 145 | 11.3% | 3 | 1,581 | 13.6% | 2 |
| Suicide | 721 | 2.3% | 8 | 61 | 4.7% | 8 | 715 | 6.2% | 4 |
| Homicide | 3,297 | 10.7% | 5 | 65 | 5.1% | 7 | 571 | 4.9% | 7 |
| Chronic Liver Disease and Cirrhosis | 896 | 2.9% | 7 | 153 | 11.9% | 2 | 249 | 2.1% | 8 |
| Cerebrovascular Disease | 1,205 | 3.9% | 6 | 42 | 3.3% | 9 | 669 | 5.8% | 5 |
| Mental Disorders | 648 | 2.1% | 10 | 78 | 6.1% | 6 | 81 | 0.7% | 10 |
| Diabetes | 691 | 2.2% | 9 | 21 | 1.6% | 10 | 162 | 1.4% | 9 |
| All Baby Boomer Deaths | 30,772 | 100.0% | | 1,285 | 100.0% | | 11,618 | 100.0% | |

| | | Hispanic | | | White | |
|-------------------------------------|---------------------|----------|------|---------------------|---------|------|
| Cause of Death | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank |
| | | | | | | |
| Malignant Neoplasms | 6,465 | 15.2% | 2 | 24,887 | 19.5% | 1 |
| Human Immunodeficiency Virus | 5,859 | 13.8% | 3 | 20,281 | 15.9% | 2 |
| Unintentional Injuries | 7,959 | 18.7% | 1 | 19,018 | 14.9% | 3 |
| Diseases of the Heart | 3,825 | 9.0% | 5 | 16,017 | 12.6% | 4 |
| Suicide | 1,653 | 3.9% | 7 | 10,436 | 8.2% | 5 |
| Homicide | 3,884 | 9.1% | 4 | 3,443 | 2.7% | 7 |
| Chronic Liver Disease and Cirrhosis | 3,300 | 7.7% | 6 | 6,185 | 4.9% | 6 |
| Cerebrovascular Disease | 1,459 | 3.4% | 8 | 2,646 | 2.1% | 9 |
| Mental Disorders | 1,401 | 3.3% | 9 | 3,239 | 2.5% | 8 |
| Diabetes | 843 | 2.0% | 10 | 2,014 | 1.6% | 10 |
| | | | | | | |
| All Baby Boomer Deaths | 42,602 | 100.0% | | 127,443 | 100.0% | |

SOURCE: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files. NOTES: ¹ Number of deaths per ICD-9 for 1990-1998; ICD-10 comparability-adjusted number of deaths for 1999.

Leading Causes of Death, by Race/Ethnicity and Sex

Table 6a. Ten Leading Causes of Death Among African American/Black Baby Boomers by Sex, California 1990-1999

| | Africa | n American/ | Black | Africa | n American/ | Black | Africa | n American/ | Black |
|---------------------------------------|---------------------|-------------|-------|---------------------|-------------|-------|---------------------|-------------|-------|
| | | Total | | | Male Female | | | | |
| Leading Causes of Death | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank |
| | | | | | | | | | |
| Human Immunodeficiency Virus | 5,442 | 17.7% | 1 | 4,685 | 23.0% | 1 | 757 | 7.3% | 4 |
| Diseases of the Heart | 4,684 | 15.2% | 2 | 3,063 | 15.1% | 2 | 1,620 | 15.5% | 2 |
| Malignant Neoplasms | 4,369 | 14.2% | 3 | 1,940 | 9.5% | 5 | 2,429 | 23.3% | 1 |
| Unintentional Injuries | 3,330 | 10.8% | 4 | 2,365 | 11.6% | 4 | 965 | 9.3% | 3 |
| Homicide | 3,297 | 10.7% | 5 | 2,666 | 13.1% | 3 | 631 | 6.1% | 5 |
| Cerebrovascular Disease | 1,205 | 3.9% | 6 | 597 | 2.9% | 6 | 609 | 5.8% | 6 |
| Chronic Liver Disease and Cirrhosis | 896 | 2.9% | 7 | 558 | 2.7% | 8 | 338 | 3.2% | 7 |
| Suicide | 721 | 2.3% | 8 | 562 | 2.8% | 7 | 159 | 1.5% | - |
| Diabetes | 691 | 2.2% | 9 | 369 | 1.8% | 10 | 323 | 3.1% | 8 |
| Mental Disorders | 648 | 2.1% | 10 | 451 | 2.2% | 9 | 197 | 1.9% | 10 |
| Chronic Obstructive Pulmonary Disease | 479 | 1.6% | - | 246 | 1.2% | - | 233 | 2.2% | 9 |
| Total - All Causes of Death | 30,772 | 100.0% | | 20,348 | 100.0% | | 10,424 | 100.0% | |

SOURCE: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files. NOTES: ¹ Number of deaths per ICD-9 for 1990-1998; ICD-10 comparability-adjusted number of deaths for 1999.

While HIV infection was the leading cause of death for African American/Black male Baby Boomers, the leading cause for African American/Black female Baby Boomers was malignant neoplasms (Table 6a). Mental disorders emerged as the ninth leading cause for African American/Black males and the tenth leading cause for females, while chronic obstructive pulmonary disease (COPD) emerged as the ninth leading cause for African American/Black female Baby Boomers.

Table 6b. Ten Leading Causes of Death Among American Indian/Alaska Native Baby Boomers by Sex, California 1990-1999

| | American | Indian/Alas | ka Native | American | Indian/Alas | ka Native | American | American Indian/Alaska Native | | | |
|-------------------------------------|---------------------|-------------|-----------|---------------------|-------------|-----------|---------------------|-------------------------------|------|--|--|
| | | Total | | | Male | | | Female | | | |
| Leading Causes of Death | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank | | |
| | | | | | | | | | | | |
| Unintentional Injuries | 261 | 20.3% | 1 | 193 | 22.1% | 1 | 69 | 16.8% | 2 | | |
| Chronic Liver Disease and Cirrhosis | 153 | 11.9% | 2 | 95 | 10.9% | 4 | 59 | 14.4% | 3 | | |
| Diseases of the Heart | 145 | 11.3% | 3 | 112 | 12.8% | 2 | 33 | 8.0% | 4 | | |
| Malignant Neoplasms | 138 | 10.7% | 4 | 66 | 7.5% | 5 | 72 | 17.6% | 1 | | |
| Human Immunodeficiency Virus | 120 | 9.3% | 5 | 111 | 12.7% | 3 | 9 | 2.2% | 10 | | |
| Mental Disorders | 78 | 6.1% | 6 | 49 | 5.6% | 7 | 29 | 7.1% | 5 | | |
| Homicide | 65 | 5.1% | 7 | 55 | 6.3% | 6 | 10 | 2.4% | 9 | | |
| Suicide | 61 | 4.7% | 8 | 42 | 4.8% | 8 | 19 | 4.6% | 6 | | |
| Cerebrovascular Disease | 42 | 3.3% | 9 | 25 | 2.9% | 9 | 18 | 4.4% | 7 | | |
| Diabetes | 21 | 1.6% | 10 | 7 | 0.8% | - | 14 | 3.4% | 8 | | |
| Pneumonia and Influenza | 16 | 1.2% | - | 9 | 1.0% | 10 | 7 | 1.7% | - | | |
| Total All Courses of Booth | 4 005 | 400.00/ | | 075 | 400.00/ | | 440 | 400.00/ | | | |
| Total - All Causes of Death | 1,285 | 100.0% | | 875 | 100.0% | | 410 | 100.0% | | | |

SOURCE: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files. NOTES: ¹ Number of deaths per ICD-9 for 1990-1998; ICD-10 comparability-adjusted number of deaths for 1999.

For American Indian/Alaska Native Baby Boomers the leading cause of death for males was unintentional injuries, while for females it was malignant neoplasms (Table 6b). Pneumonia and influenza emerged as the tenth leading cause for American Indian/Alaska Native males.

Table 6c. Ten Leading Causes of Death Among Asian/Pacific Islander Baby Boomers by Sex, California 1990-1999

| | Asian | /Pacific Isla | nder | Asiar | n/Pacific Isla | ınder | Asian/Pacific Islander | | | |
|---------------------------------------|---------------------|---------------|------|---------------------|----------------|-------|------------------------|---------|------|--|
| | | Total | | | Male | | | Female | | |
| Leading Causes of Death | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank | |
| | | | | | | | | | | |
| Malignant Neoplasms | 3,914 | 33.7% | 1 | 1,782 | 25.1% | 1 | 2,132 | 47.1% | 1 | |
| Diseases of the Heart | 1,581 | 13.6% | 2 | 1,236 | 17.4% | 2 | 345 | 7.6% | 3 | |
| Unintentional Injuries | 1,236 | 10.6% | 3 | 805 | 11.4% | 3 | 431 | 9.5% | 2 | |
| Suicide | 715 | 6.2% | 4 | 502 | 7.1% | 5 | 213 | 4.7% | 5 | |
| Cerebrovascular Disease | 669 | 5.8% | 5 | 362 | 5.1% | 7 | 307 | 6.8% | 4 | |
| Human Immunodeficiency Virus | 629 | 5.4% | 6 | 582 | 8.2% | 4 | 47 | 1.0% | 10 | |
| Homicide | 571 | 4.9% | 7 | 410 | 5.8% | 6 | 161 | 3.6% | 6 | |
| Chronic Liver Disease and Cirrhosis | 249 | 2.1% | 8 | 207 | 2.9% | 8 | 42 | 0.9% | - | |
| Diabetes | 162 | 1.4% | 9 | 93 | 1.3% | 9 | 69 | 1.5% | 7 | |
| Pneumonia and Influenza | 139 | 1.2% | 10 | 77 | 1.1% | 10 | 62 | 1.4% | 8.5 | |
| Chronic Obstructive Pulmonary Disease | 129 | 1.1% | - | 67 | 0.9% | - | 62 | 1.4% | 8.5 | |
| | | | | | | | | | | |
| Total - All Causes of Death | 11,618 | 100.0% | | 7,089 | 100.0% | | 4,529 | 100.0% | | |

SOURCE: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files. NOTES: 1 Number of deaths per ICD-9 for 1990-1998; ICD-10 comparability-adjusted number of deaths for 1999.

Malignant neoplasms were the leading cause of death for both male and female Asian/Pacific Islander Baby Boomers (Table 6c). Pneumonia and influenza were tied with COPD as the eighth and ninth leading causes of death for Asian/Pacific Islander female Baby Boomers.

Table 6d. Ten Leading Causes of Death Among Hispanic/Latino Baby Boomers by Sex, California 1990-1999

| | Hi | Hispanic/Latino | | | spanic/Latir | 10 | Hi | Hispanic/Latino | | |
|-------------------------------------|---------------------|-----------------|------|---------------------|--------------|------|---------------------|-----------------|------|--|
| | | Total | | | Male | | | Female | | |
| Leading Causes of Death | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank | |
| | | | | | | | | | | |
| Unintentional Injuries | 7,959 | 18.7% | 1 | 6,659 | 21.0% | 1 | 1,300 | 11.9% | 2 | |
| Malignant Neoplasms | 6,465 | 15.2% | 2 | 2,794 | 8.8% | 5 | 3,671 | 33.7% | 1 | |
| Human Immunodeficiency Virus | 5,859 | 13.8% | 3 | 5,459 | 17.2% | 2 | 400 | 3.7% | 7 | |
| Homicide | 3,884 | 9.1% | 4 | 3,400 | 10.7% | 3 | 484 | 4.4% | 6 | |
| Diseases of the Heart | 3,825 | 9.0% | 5 | 2,911 | 9.2% | 4 | 914 | 8.4% | 3 | |
| Chronic Liver Disease and Cirrhosis | 3,300 | 7.7% | 6 | 2,759 | 8.7% | 6 | 542 | 5.0% | 5 | |
| Suicide | 1,653 | 3.9% | 7 | 1,416 | 4.5% | 7 | 236 | 2.2% | 9 | |
| Cerebrovascular Disease | 1,459 | 3.4% | 8 | 879 | 2.8% | 9 | 581 | 5.3% | 4 | |
| Mental Disorders | 1,401 | 3.3% | 9 | 1,180 | 3.7% | 8 | 221 | 2.0% | 10 | |
| Diabetes | 843 | 2.0% | 10 | 537 | 1.7% | 10 | 306 | 2.8% | 8 | |
| Total - All Causes of Death | 42.602 | 100.0% | | 31.694 | 100.0% | | 10.908 | 100.0% | | |

SOURCE: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files. NOTES: ¹ Number of deaths per ICD-9 for 1990-1998; ICD-10 comparability-adjusted number of deaths for 1999.

For Hispanic/Latino Baby Boomers, the leading cause of death for males was unintentional injuries and for females it was malignant neoplasms (Table 6d). The second leading cause for males was HIV infection, while for females it was unintentional injuries.

Table 6e. Ten Leading Causes of Death Among White Baby Boomers by Sex, California 1990-1999

| | White | | | White | | | White | | |
|-------------------------------------|---------------------|---------|------|---------------------|---------|------|---------------------|---------|------|
| | Total | | | Male | | | Female | | |
| Leading Causes of Death | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank | Deaths ¹ | Percent | Rank |
| | | | | | | | | | |
| Malignant Neoplasms | 24,887 | 19.5% | 1 | 11,673 | 13.1% | 4 | 13,214 | 34.7% | 1 |
| Human Immunodeficiency Virus | 20,281 | 15.9% | 2 | 19,545 | 21.9% | 1 | 736 | 1.9% | 10 |
| Unintentional Injuries | 19,018 | 14.9% | 3 | 14,427 | 16.1% | 2 | 4,591 | 12.0% | 2 |
| Diseases of the Heart | 16,017 | 12.6% | 4 | 12,189 | 13.6% | 3 | 3,829 | 10.0% | 3 |
| Suicide | 10,436 | 8.2% | 5 | 7,939 | 8.9% | 5 | 2,498 | 6.6% | 4 |
| Chronic Liver Disease and Cirrhosis | 6,185 | 4.9% | 6 | 4,261 | 4.8% | 6 | 1,924 | 5.0% | 5 |
| Homicide | 3,443 | 2.7% | 7 | 2,543 | 2.8% | 7 | 900 | 2.4% | 7 |
| Mental Disorders | 3,239 | 2.5% | 8 | 2,360 | 2.6% | 8 | 879 | 2.3% | 8 |
| Cerebrovascular Disease | 2,646 | 2.1% | 9 | 1,379 | 1.5% | 9 | 1,266 | 3.3% | 6 |
| Diabetes | 2,014 | 1.6% | 10 | 1,180 | 1.3% | 10 | 834 | 2.2% | 9 |
| Total - All Causes of Death | 127,443 | 100.0% | | 89,338 | 100.0% | | 38,105 | 100.0% | |

SOURCE: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files. NOTES: 1 Number of deaths per ICD-9 for 1990-1998; ICD-10 comparability-adjusted number of deaths for 1999.

For White Baby Boomers, the leading cause for males was HIV infection while for females it was malignant neoplasms (Table 6e). The second leading cause of death for both males and females was unintentional injuries, and the third leading cause for both sexes was heart disease.

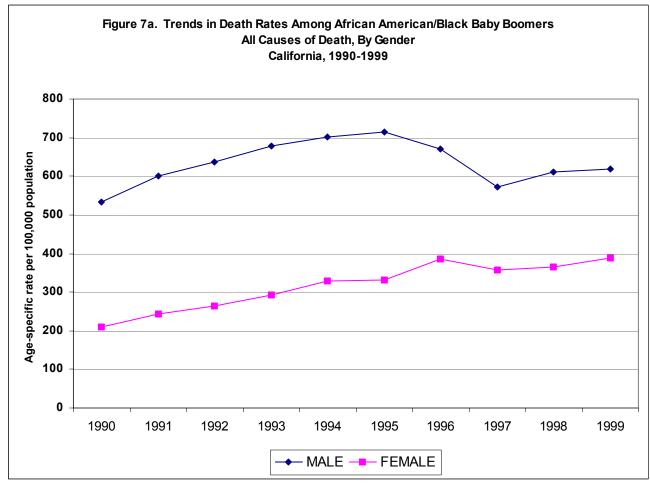
Trends in Death Rates For Baby Boomers, by Race/Ethnicity and Sex

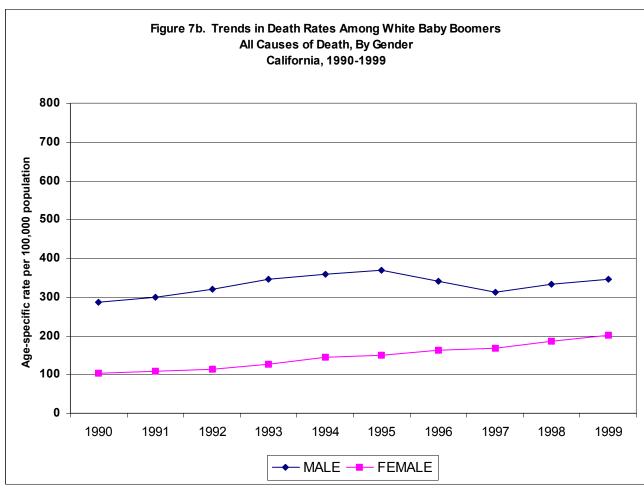
Age-specific death rates for all causes of death by sex for each of the five major racial and ethnic populations are shown in Table 7 and Figures 7a-7e.

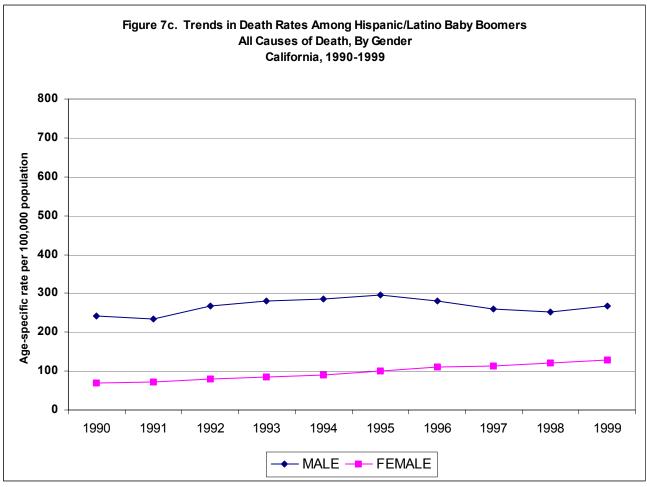
Table 7. Death Rates for All Causes of Death Among Baby Boomers by Race/Ethnicity and Sex, California 1990-1999

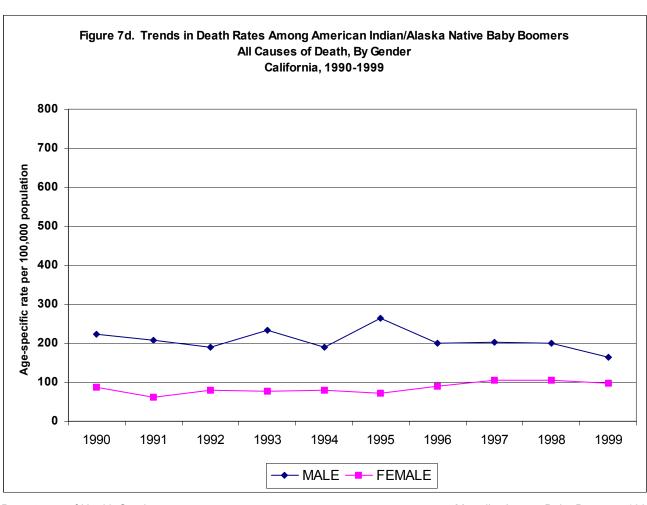
| | African Ame | erican/Black | American Indian/Alaska Native | | Asian/Pacif | ic Islander | Hispanic/Latino | | White | |
|------|-------------|--------------|-------------------------------|--------|-------------|-------------|-----------------|--------|-------|--------|
| Year | Male | Female | Male | Female | Male | Female | Male | Female | Male | Female |
| 1990 | 533.0 | 209.6 | 223.8 | 86.4 | 104.0 | 52.5 | 242.3 | 68.4 | 285.6 | 103.6 |
| 1991 | 600.8 | 244.1 | 208.7 | 61.8 | 112.1 | 68.1 | 234.0 | 72.8 | 299.4 | 107.4 |
| 1992 | 635.8 | 263.1 | 189.4 | 78.8 | 114.4 | 65.4 | 267.5 | 79.6 | 319.4 | 113.9 |
| 1993 | 678.1 | 293.4 | 232.3 | 77.9 | 127.4 | 73.5 | 280.9 | 85.3 | 344.8 | 127.3 |
| 1994 | 701.0 | 328.3 | 188.5 | 79.8 | 134.8 | 73.6 | 285.0 | 89.6 | 359.9 | 143.4 |
| 1995 | 715.2 | 330.9 | 263.1 | 71.6 | 137.5 | 81.3 | 295.5 | 100.0 | 368.7 | 150.7 |
| 1996 | 669.9 | 386.5 | 201.0 | 89.5 | 147.2 | 78.4 | 279.3 | 110.6 | 339.6 | 161.4 |
| 1997 | 572.3 | 356.4 | 201.6 | 105.3 | 142.0 | 94.0 | 259.2 | 112.3 | 313.0 | 168.5 |
| 1998 | 611.9 | 365.7 | 199.6 | 106.3 | 156.2 | 90.2 | 251.1 | 120.0 | 332.7 | 186.1 |
| 1999 | 619.7 | 387.9 | 162.8 | 96.7 | 156.8 | 108.4 | 267.4 | 129.4 | 346.8 | 202.2 |

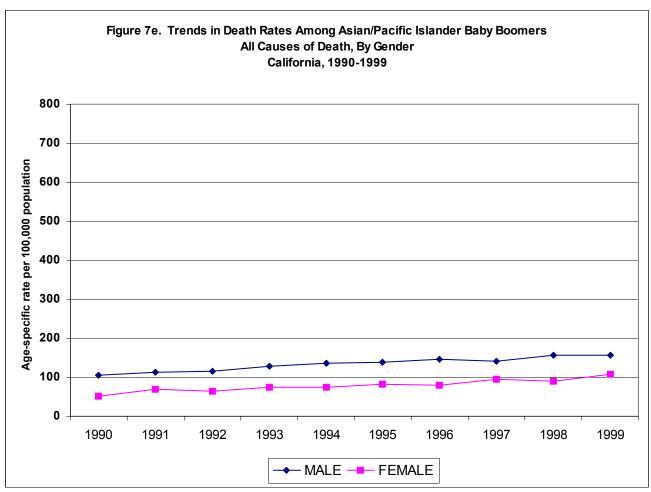
SOURCES: California Department of Health Services, Center for Health Statistics, Death Statistical Master Files, 1990-1999;
California Department of Finance, Demographic Research Unit, Race/Ethnic Population with Age and Sex Detail, 1990-1999.











Sources: California Department of Health Services, Death Statistical Master Files; California Department of Finance, Race/Ethnic Population with Age and Sex Detail, 1990-1999.

Conclusion

The mortality profile of California's Baby Boomer population for 1990-1999 shows substantial differences from the profile developed for the 1980's, most notably in the increase of chronic disease deaths from causes such as cancer and heart disease and of infectious disease deaths from HIV. Deaths from malignant neoplasms have replaced unintentional injuries as leading causes of death for this age cohort, although unintentional injury deaths remain the number one leading cause of death for male Baby Boomers, as well as for Hispanic and American Indian/Alaska Native Baby Boomers.

These findings imply that chronic and infectious disease prevention efforts may need to enhance programs that specifically target the Baby Boomer population, as well as programs targeting diseases and causes of death that are emerging as leading causes of death for Baby Boomers (e.g., mental disorders such as those caused by Alzheimer's disease and substance abuse).

Although the Baby Boomer population was not specifically targeted in the *Healthy People 2000* objectives, a case could be made to establish *a Healthy People 2010* Work Group similar to the one established for Adolescent Health to coordinate efforts and provide inputs to a health promotion and disease prevention agenda for Baby Boomers.¹⁸⁻¹⁹

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